



St. Francesca Cabrini Primary School

# Cabrini News

[www.stfrancescacabrini.co.uk](http://www.stfrancescacabrini.co.uk)

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THE WEEKLY JOURNAL OF ST. FRANCESCA CABRINI PRIMARY SCHOOL, HONOR OAK, LONDON



## PENTECOST

**SUNDAY 28th May 2023**

Happy birthday to the Catholic Church! Happy birthday to you, who are the body of the Church!

We're all familiar with our own birthdays, and we celebrate them because they mark the day of the year in which we entered into this life. But did you know you have a second birthday? Because you are part of the body of the Church, Pentecost is the Church's birthday, and yours as well. And like any birthday, it's a cause for celebration!

The word Pentecost is Greek and it means "50th day." Fifty days after Easter Sunday, we celebrate the coming of the Holy Spirit upon the Apostles and their followers, and the beginning of their Earthly ministry to make disciples of all nations.

Pentecost is also a Jewish holiday, which the Jews use to celebrate the end of Passover. Jews celebrate the gift of the law to Moses at Mt. Sinai on this day. But we, as Catholics celebrate the birth of our Church.

At Pentecost, the Apostles and their followers were gathered in a room. Jews from all over the world were gathered with Peter, the leader of the Apostles and the Eleven. At this time, a great wind blew and a flame appeared as a tongue of fire, which split itself into many individual flames above the heads of all those present. The Holy Spirit came upon these people and each began to speak in tongues. Despite the fact many had no common language, they were perfectly able to understand one another.

Peter then called all those present to be baptised and about three thousand people were baptised that day. These people were among the first Catholics, and Peter is the first pope of the Catholic Church. Happy Pentecost Sunday!

***"May we be united to one another,  
by the power of love which the  
Holy Spirit pours into our hearts."***

*Pope Francis*



Sam says, "Be at school,  
be on time!"

Outstanding Attendance this week goes to...

**INDIGO CLASS -100%  
CONGRATULATIONS!**

## POLITE REMINDER!

Please  
remember

**to park SAFELY!**

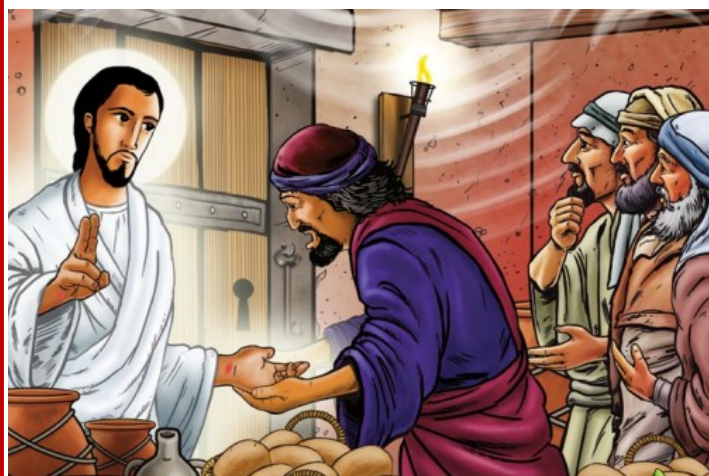
**Put child safety before your convenience**

Please **DO NOT** mount the pavement and park adjacent to our main gates!!

Please **DO NOT** park across the zig-zag lines!!

Please **DO NOT** park across our gates or the driveways of our neighbours!! Thank you.

## 'Come, Holy Spirit, Come'



**Happy birthday to the Catholic Church!  
Happy birthday to you, who are the body of the Church!**



# Bring flowers the rarest...



# Mary



# Mother

## May Service



# ...Bring blossoms the fairest!



# What Parents & Carers Need to Know about INFLUENCERS

In today's digital age, social media influencers play an increasingly significant role in shaping the opinions, interests and behaviours of our children. While many of these individuals can have a positive effect, influencer culture can also present certain risks – such as encouraging consumerism, affecting self-esteem and blurring trustworthiness. To help ensure a safe online environment for young people, it's vital to maintain open communication, set sensible boundaries, promote a healthy self-image and teach digital media literacy. Our guide delves deeper into all of these.

## WHAT ARE THE RISKS?

### HEIGHTENED CONSUMERISM

A major way that influencers make money is through brand partnerships and sponsored content. As a result, children who follow them may be exposed to a steady stream of advertising: this can lead to materialistic attitudes, unrealistic expectations and an increased desire to have the latest products. Many influencers have built huge brand empires around their large, impressionable following.

### THE SOFT SELL

Some influencers aren't always transparent about the motivations behind their posts, blurring the lines between genuine recommendations and paid-for promotions – and young people sometimes find it difficult to distinguish authentic content from advertising. Many major social platforms have taken steps to make sponsored content and ads easier to identify, but it remains an area of concern.

### PRIVACY CONCERNS

Inspired by their favourite influencers, children may start sharing more of their own lives online – which could reveal personal information or details about their daily routine. This openness can put them at risk of cyberbullying or even predatory behaviour. This is exacerbated by live streaming, which gives young people no time to consider the potential consequences of saying too much.

### UNDERMINING SELF-ESTEEM

Many influencers share images and videos of themselves and their activities, which are often painstakingly curated and edited to present an idealised version of their life. Children who follow these influencers may develop distorted expectations about body image and the concept of beauty, which can potentially lead to negative self-esteem and even mental health issues.

## Advice for Parents & Carers

### KEEP TALKING

Chat to your child about the content they consume on social media and the influencers that they like. Encourage them to think critically about what they see and hear online, and listen to any concerns they might have. Maintaining this line of open, honest communication can help your child to make informed decisions about which individuals they follow and what content they engage with.

### SET SOME BOUNDARIES

Agree age-appropriate boundaries for your child's social media use, including time limits and privacy settings (the two major operating systems on mobile devices, Android and iOS, have these controls baked in). Try to keep an eye on your child's online activity and discuss it regularly with them – including reminding them of the potential risks that can arise from following influencers.

### SUPPORT A HEALTHY SELF-IMAGE

Reinforce your child's awareness that real life isn't usually as picture perfect as it may appear on social media – and how some content (particularly that of influencers) is often curated, staged or edited to look more glamorous. If possible, highlight examples of other influencers who share authentic, relatable material which acknowledges their imperfections and struggles as well.

### PROMOTE MEDIA LITERACY

Talk to your child about the concepts of sponsored content, advertising and potential influencer bias. Teach them to critically evaluate the information they're presented with online and to consider the possible reasons behind content creation. This can help young people develop the skills to make healthier decisions about the influencers they choose to follow and the content they consume.

### Meet Our Expert

A former director of digital learning and currently a deputy headmaster and DSL, Brendan O'Keefe's experience and expertise gives him a clear insight into how modern digital systems impact the experiences of children, staff and parents – and which strategies help to ensure that the online world remains a useful educational tool rather than a minefield of risks.



**NOS** National Online Safety  
#WakeUpWednesday

[@natonlinesafety](https://twitter.com/natonlinesafety)

[/NationalOnlineSafety](https://facebook.com/NationalOnlineSafety)

[@nationalonlinesafety](https://instagram.com/nationalonlinesafety)

[@national\\_online\\_safety](https://tiktok.com/@national_online_safety)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 24.05.2023

# Cyber safety, tips & fun!



# Headteacher's Award

## WINNERS

congratulations!

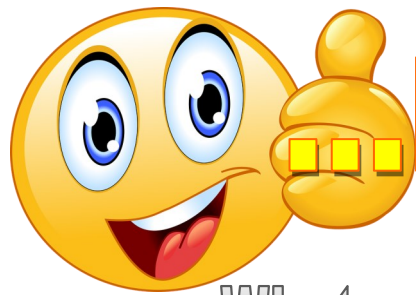


<i>CLASS</i>	<i>NAME</i>	<i>REASON</i>
<i>Red Class EYFS</i>	<b>Nia</b>	<i>For being a wonderful friend!</i>
<i>Orange Class Year 1</i>	<b>Bryanna</b>	<i>For your lovely bag design!</i>
<i>Yellow Class Year 2</i>	<b>Benjamin</b>	<i>Fantastic improvements with your handwriting!</i>
<i>Green Class Year 3</i>	<b>Thomas</b>	<i>Excellent work during the May Service!</i>
<i>Blue Class Year 4</i>	<b>Marianne</b>	<i>Excellent reading!</i>
<i>Indigo Class Year 5</i>	<b>Eloise</b>	<i>Beautiful acting at the May Service!</i>
<i>Lime Class Year 6</i>	<b>Solomon</b>	<i>Working hard in all subject areas especially English!</i>

Be the BEST that YOU can be!



# Next week's...



# ...highlights!

What will you be doing next week?

<b>Red Class</b> <b>EYFS</b>	<b>Acting out the story of Rainbow Fish and teaching others about sharing!</b>
<b>Orange Class</b> <b>Year 1</b>	<b>What's the weather like outside? Let's keep a diary to help us find out!</b>
<b>Yellow Class</b> <b>Year 2</b>	<b>Planting seeds to grow sunflowers!</b>
<b>Green Class</b> <b>Year 3</b>	<b>Opening a shop to practise giving change from £5</b>
<b>Blue Class</b> <b>Year 4</b>	<b>Will Lila be able to retrieve the Royal Sulphur from Mount Merapi? Let's find out!</b>
<b>Indigo Class</b> <b>Year 5</b>	<b>Mythologica - Greek gods, goddesses, deities and nymphs...Who is your favourite?</b>
<b>Lime Class</b> <b>Year 6</b>	<b>Will Pik defeat Chac, the God of Rain, and save his village from the dreaded drought?</b>



*Love - Prayer - Trust -*

*Respect - Excellence*