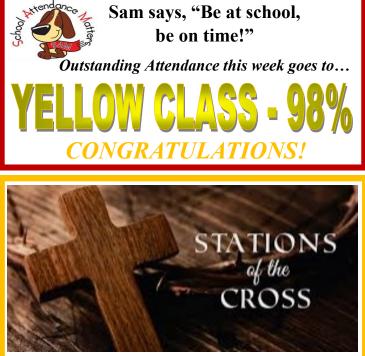


THIRD SUNDAY OF LENT 'Jesus is the water of life'

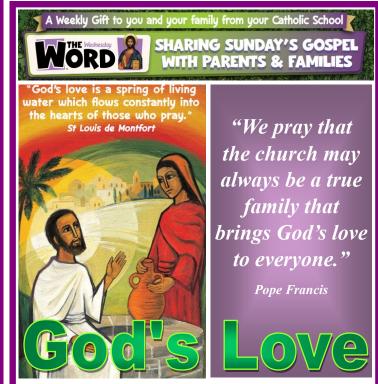
John 4:5-42

Jesus talks about our spiritual needs as well as comparing it to our physical needs, so that we are better able to understand. The Bible uses lots of comparisons in the parables in order for us to understand what we are being taught. We often make comparisons in everyday life in order to make sense of why we may do something or to deepen our understanding. We don't think of God as seeking or thirsting. But the father longs for us, his children, He thirsts for us! We may not realise it, but prayer is an encounter of God's thirst with ours. The highest form of prayer is praise, an expression of love. Through it we learn to love God with all our heart and soul. Prayer gives us strength, gives glory to God, enables us to praise and give thanks!

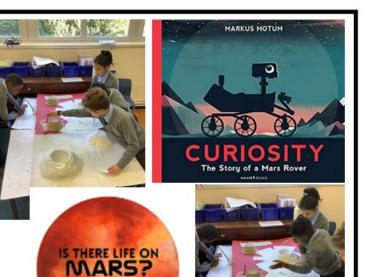




Join us every day in the Chapel at 12.30pm



PRIVACY NOTICES - Please note that these can be found on the school website @ www.stfrancescacabrini.co.uk





Next we built our model Mars rovers so that we could test them on the tough surface terrain of Mars! The build had to be robust enough to self power our rovers over valleys and volcances and different Mars surfaces.





The design teams worked hard on building the models, following very detailed instructions and blueprints. They had to make sure that the build quality was sturdy enough to withstand the harsh Mars terrain!



British Science Week is a ten-day celebration of science, technology, engineering and maths.



Check out these websites for more information and activities celebrating BSW!

britishscienceweek.org bbcbitesize.co.uk nhm.co.uk (Natural History Museum) sciencemuseum.org.uk Wikipedia.org/naturalsciences

Your teachers have posted a special Science Week

assignment on Tapestry... Can you complete the mission?



Our project started with us building a Mars surface model that we would use to test our Mars rovers once they were built and operational!







The design teams then tested their rovers.

Ability to travel over the terrain unaided,

speed of rover, distance covered and

robustness of their build, were all put to the

test. Two rovers completed the test sequence and one had a power malfunction!

We all agreed that this was the best project

ever...we will now try and sell our Mars

Rover Blueprints to NASA!!































What Parents & Carers Need to Know about

Apple debuted the first iPad in 2010, kickstarting the tablet market, and it remains the best-selling tablet to this day. Although Apple doesn't offer a child-specific version, iPads are hugely popular with youngsters due to their ease of use and endless choice of apps. There's a selection of models, with different-sized screens and distinct features – including the standard iPad; the iPad Air; the iPad Pro; and the iPad mini. Thankfully, they all offer parental controls so you can regulate how your child uses the device ... and how long they spend on it.

PHYSICAL DAMAGE

WHAT ARE THE RISKS?

lie some tablets (such the Amazon Fire Kids tions) come with rugged tock-proof cases, iPada n't built for rough and hble. They're also more expensive n most other tablets, and any mage your child's iPad suffers lid be costly to repair. Buying a idd-friendly case and screen tector for the device could be a e move, especially if it's being id by younger ones.

SCREEN ADDICTION

to become quite ht find your child staring at their g they're able to ice each day.

INAPPROPRIATE CONTENT

-

could suggested by an algorithm appear on their tablet and m. You can help prevent this i isting the content settings (s 'top tips' section below).

18

20

SIRI SUGGESTIONS

tal controls built

Advice for Parents & Carers

ENABLE FAMILY SHARING

1111 efore letting little ones loose on an ad, it's a good idea to set up Family haring, as this lets you utilise the parental ontrols to manage exactly how your child is able se the device. You can do this fairly easily by going to the iPad's settings; once there, you'll be able to ad an existing Apple account (if your child already as one) or set one up from scratch.

SET CONTENT AND PRIVACY RESTRICTIONS

The parental controls can stop the iPad from displaying explicit or age-inappropriate content (in apps like iTunes and Safari, for instance) when your child is signed into their account. You'll also be able to restrict the capacity to download and install apps, and you can specify permissions which prevent children from changing the IPad's privacy settings once you've selected them.

APPLY SOME LIMITS

The 'Downtime' function allows you to tell the iPad to lock itself at certain periods (at mealtimes or before bed, for instance), while 'App Limits' removes access to certain apps once they've been used for a specified length of time each day. The iPad can display a reminder when these limits have nearly been reached, leiting your child mentally prepare for the end of their gaming or viewing time.

30

STOP ACCIDENTAL SPENDING

To empower your child with an increased sense of freedom on their device (without giving yourself something else to worry about in the process) you could enable the iPod's 'Ask to Buy' feature. Whenever your child tries to download or buy an app, game or product, the iPad sends you a request to approve (or denyi) it. This option only becomes available if you've set up Family Sharing.

TRACK IT DOWN

Just like the iPhone, Apple's iPads have 'Find My' software to help you locate your child's iPad – or indeed, any linked Apple devices that have gone AWOL, including phones, watches and AirPods. If you enable 'Find My' in the settings menu, it will display the last known location of an iPad that's been mislaid, as well as gliving you the option to lock a missing iPad that you suspect has been stolen.



/NationalOnlineSafety O @nationalonlinesafety Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 08.03.2023

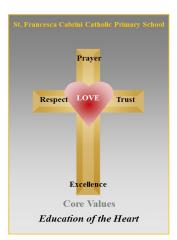


CLASS	NAME	REASON
Red Class EYFS	Samuel	Brilliant WANTED poster!
Orange Class Year 1	Elliott	Excellent maths 'time' work!
Yellow Class Year 2	Fortune	Fantastic World Maths Day art!
Green Class Year 3	Isaac	Marvellous maths multiplication work!
Blue Class Year 4	Marianne	Great descriptive writing!
Indigo Class Year 5	Amani	Our BEST mathlete!
Lime Class Year 6	Brandy	Excellent work in ALL subject areas!





Red Class	Get ready to help! We are having a visit	
EYFS	from our local firefighters!	
Orange Class	Letter writing - We're looking for a fearless superhero to	
Year 1	defeat the 'Terrible Two' !!	
Yellow Class Year 2	Exploring the forest area looking at Nature in detail!	
Green Class Year 3	Let's play a game to learn how the Vikings traded!	
Blue Class Year 4	Celebrating Science week!	
Indigo Class	Do you know any famous natural scientist?	
Year 5	Let's investigate and find out what they do!	
Lime Class	Save our natural world!	
Year 6	We are learning about 'Endangered Species'	











Clir Evelyn Akoto Cabinet Member for Health and Wellbeing Old Kent Road Ward

> Cabinet Office Southwark Council P.O Box 64529 London SE1P 5LX

HAF@southwark.gov.uk

Date: 08 March 2023

Dear Parents/Carer

RE: Southwark's Easter of Food and Fun, 2023

I'm delighted to let you know that this Easter, Southwark Council will be hosting Southwark's Easter of Food and Fun.

We are partnering with local holiday club providers across the borough to provide an exciting programme of meals and activities for children and young people in our local communities. Free places are available for children between the ages of 4 and 16 years, who are eligible for free school meals.

The programme aims to give local families access to free, healthy food and fun activities over the Easter holidays.

Each programme will provide:

- Free, healthy and tasty food
- Fun physical activity sessions
- A wide range of other activities to suit different ages and personalities
- Opportunities to learn more about food and nutrition for children and families

Details about the programme are available at www.southwark.gov.uk/foodandfun

I encourage you to book a place for your child/children to ensure they have an enjoyable and memorable Easter holiday period.

Best wishes

Yours Sincerely,

nche

Clir Evelyn Akoto Cabinet Member for Health and Wellbeing



Activity programme for children and young people 3 April to 6 April 2023

www.southwark.gov.uk/foodandfun

Funded by





Contact our providers to sign up

North East Southwark

- Ages: 4 to 11
- Albion Primary School, Albion Street, SE16 7JD
- 07903 868 242 020 7237 3738

BALLERS ACADEMY

- Ages: 8 to 16
- Peter Hills Primary School (3G Pitch), 2 Beatson Walk, SE16 5ED
- 07400 543 210 info@ballersacademy.co.uk www.ballersacademy.co.uk

- Ages: 8 to 11
- The Dockland Settlements, 400 Salter Road, SE16 5AA
- 07445 237 296
- infos@bizziebodies.co.uk www.bizziebodies.co.uk

THE BLUE YOUTH HOLIDAY

- Ages: 9 to 16
- 190-192 Southwark Park Road, SE16 3RP
- 07494 77 8556
- 💊 jackie.bygrave@sypp.org.uk

MILLWALL COMMUNITY FOOD AND ACTIVITY CAMP Ages: 4 to 16 Way, SE15 6DQ 0 27002 345 659

- 07903 245 058
- tsells@millwallcommunity.org.uk www.millwallcommunity.org.uk

PARENT SKILLS2GO

- Ages: 4 to 11
- The Green Community Centre 5 Nunhead Green, SE15 3QQ
- 07902 332 905 020 3536 9609
- admin@parentskills2go.com www.parentskills2go.com

SKYWAY CHARITY

- Ages: 8 to 11
- Oliver Goldsmith Primary School, 83 Peckham Road, SE5 8UH
 020 7729 6970
- marlon@skyway.uk.com www.skyway.london

West Central Southwark

- Ages: 8 to 16
 South Bank University, Trafalgar Street, SE17 2TP
 020 7735 8181
- admin@activities4u.org.uk www.activities4u.org.uk

BURGESS SPORTS Ages: 5 to 12

- Michael Faraday Primary School, Portland Street, SE17 2HR 07384 336 925
- info@burgesssports.org www.burgesssports.org

- MILLWALL COMMUNITY FOOD AND ACTIVITY CAMP Ages: 4 to 16 St Pauls Sports Ground, Salter Road, SE16 5EF
- 07903 245 058
- tsells@millwallcommunity.org.uk www.millwallcommunity.org.uk

PARENT SKILLS2GO

- Ages: 4 to 11 Lewington Community Centre, 9 Eugenia Road, SE16 2RU
- 07902 332 905 020 3536 9609
- admin@parentskills2go.com www.parentskills2go.com

PRO TOUCH SA

- Ages: 6 to 15 Harris Academy Bermondsey, 55
 Southwark Park Road, SE16 3TZ
- 07874 872 053 tamia@protouchsa.co.uk holidays@protouchsa.co.uk

TIME & TALENTS Ages: 6 to 11

- The Old Mortuary, St Marychurch Street, SE16 4JE
- 020 7231 7845
- info@timeandtalents.org.uk www.timeandtalents.org.uk

ZENOCH COMMUNITY HUB Ages: 4 to 16

- Rotherhithe Community Centre, 30 Plough Way, SE16 2LJ
- 07849 267 299 zenochservices@gmail.com www.zenoch.co.uk
- CAMBERWELL AFTER SCHOOL PROJECT Ages: 4 to 11
- 9 14 Badsworth Road, SE5 0JY
- 0207 7082 711
- www.caspuk.org

JAEGAR HOLIDAY CLUB Ages: 4 to 11

- Lyndhurst Primary School Grove Lane, SE5 8SN
- 020 3576 0715
- info@jaegarhc.co.uk www.jaegarhc.co.uk

- MILLWALL COMMUNITY FOOD AND ACTIVITY CAMP Ages: 5 to 16 Bethwin Road Adventure Playground, Bethwin Road, SE5 0YF 07903 245 058
- tsells@millwallcommunity.org.uk www.millwallcommunity.org.uk

PARENT SKILLS2GO

- Ages: 8 to 16 The Harry Caddick Community Centre, 63 Lilford Road, SE5 9HN
- 07902 332 905 020 3536 9609
- admin@parentskills2go.com www.parentskills2go.com

PRO TOUCH SA Ages: 6 to 14

- Burgess Park Community Sports Centre, Cobourg Road, London SE5 0JD
- 07874 872 053
- tamia@protouchsa.co.uk holidays@protouchsa.co.uk

North West Southwark

COIN STREET CENTRE TRUST Ages: 8 to 13 Colombo Centre, 34-68 Colombo Street, SE1 8DP

CAC SURREY DOCKS Ages: 4 to 16 Christ Apostolic Church (CAC) Surrey Docks, 163 Ilderton Road, South Bermondsey, SE16 3LA

communitywelfare@cacsurreydocks.org www.cacsurreydocks.org/community-welfare

Q Camelot School, Bird in Bush Road, SE15 1QP

Hollydale Primary School, Hollydale Road, SE15 2AR

07582 332 243

CAMELOT CHAMPS

Ages: 6 to 11

07931 616 456

Ages: 4 to 11

020 7639 2562

07903 640 921 020 7046 9393

🔦 head@hollydaleprimary.co.uk

B Ages: 8 to 16

Harris Academy Peckham, 112 Peckham Road, SE15 5DZ

info@legendslearningcentre.com www.legendslearningcentre.com

LEYTON SQUARE CHILDREN CENTRE Ages: 4 to 11

Leyton Square Children and Family Centre, Maismore Street, SE15 6TP
 020 3848 5780

childrenscentre@ivydale.southwark.sch.uk www.pprncfc.com

MILLWALL COMMUNITY FOOD AND ACTIVITY CAMP Ages: 5 to 16

Dulwich Hamlet FC, Champion Hill, Edgar Kail Way, SE22 8BD

tsells@millwallcommunity.org.uk www.millwallcommunity.org.uk

Site 1: Amott Road Baptist Church, 47 Amott Road, SE15 4HU
 Site 2: Dawson Heights Community Centre, Ladlands, Dawson Heights Estate, SE22 0PW

07988 138 997
 holidayclub@springcommunityhub.org.uk www.cschub.co.uk

UK LATIN COMMUNITY FOOD AND ACTIVITY CAMP Ages: 5 to 12

Denmark Hill Community Centre, Blanchedowne, SE5 8HL

See the listings to choose the best club for your child. Please book a place with your chosen provider as soon as possible to avoid disappointment.

Southwark

Council southwark.gov.uk

info@uklatincommunity.org www.uklatincommunity.org

07491 993 524 07852 167 580

SPRING COMMUNITY HUB

07903 245 058

Ages: 4 to 16

🔦 ial

d.gibbs@coinstreet.org

FAST 58

- Ages: 5 to 16 Roundhouse Hall, Cardinal Bourne Street, SE1 4EJ
- 😑 07973 311 684
- dwalsh1503@gmail.com www.fast58.org.uk

MERCATO METROPOLITANO Ages: 8 to 12

- 42 Newington Causeway, SE1 6DR
 07542 783 364

East Central

Southwark

serena.b@mercatometropolitano.com

ANGELS BREAKFAST AND AFTERSCHOOL CLUB Ages: 4 to 13 (Site 1), 8 to 13 (Site 2)

Site 1: Pelican Plus Hall, Crane House, Grummant Road, Pelican Estate, SE15 5NF Site 2: Parish Church of St Luke's, Chandler Way, SE15 6DT
 07957 472 504

angelsbreakfastafterschoolclub@gmail.com

ASTLEY & COOPER TENANTS' AND RESIDENTS' ASSOCIATION (TRA)

ASCO TRA Community Centre, 375 Old Kent Road, Wessex House, SE1 5JQ

SPRING COMMUNITY HUB

 Ages: 4 to 16
 Site 1: St Giles Parish Hall, 161 Benhill Road, SE5 7LL
 Site 2: St Georges C of E Primary School, Coleman Road, SE5 7TF
 Site 3: St Paul's Church, Lorrimore Square, Lorrimore Road, SE17 3QU
 Site 4: Special Education Needs and Disabilities (SEND) Programme, UAL Foundation, Modular Building, 1 Wilson Road, SE5 8LU
 Site 5: Teens Programme, United Reform Church, Love Walk, SE5 8AE
 Site 6: The Clubroom, Samuel Lewis Trust Estate, Warner Road, SE5 9LY

 O7888 138 997

holidayclub@springcommunityhub.org.uk www.cschub.co.uk

Ages: 8 to 16

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07988 138 997

South

Ages: 4 to 11

020 8761 4943

Southwark

JAM EXTENDED SCHOOLS

Herne Hill United Church, Red Post Hill, SE24 9PW

jamtrainingeducation@gmail.com www.jamextendedschools.co.uk

KINGSWOOD ESTATE TENANTS' AND RESIDENTS' ASSOCIATION (OUT OF SCHOOL CLUB) Ages: 4 to 16

ketracommunity@gmail.com www.kingswoodestatetra.org

Ketra Community Hall, Telfer House, Seeley Drive, Kingswood Estate, SE21 8QW
 07958 064 597

🔹 secretaryascotra@gmail.com

SPRING COMMUNITY HUB