



St. Francesca Cabrini Primary School

Cabrini News

www.stfrancescacabrini.co.uk

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THE WEEKLY JOURNAL OF ST. FRANCESCA CABRINI PRIMARY SCHOOL, HONOR OAK, LONDON

LENT



02/03/2022 – 14/04/2022

Next Wednesday marks the beginning of the season of Lent. As we enter the season with continuing levels of worry, anxiety and uncertainty, as the pandemic continues to impact on all our lives, now is a good time to turn to Jesus for comfort and hope. As we journey from the darker winter months into the season of spring lets all pray for brighter days to come!

“I hope that we all will live Lent well, following Jesus and carrying within us a ray of his love for all those we meet.” Pope Francis

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him. After John the Baptist had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. “The time has come,” he said, “and the Kingdom of God is close at hand. Repent, and believe the Good News.”
Mark 1:12-15

ASH WEDNESDAY

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Sam says, “Be at school, be on time!”

Outstanding Attendance this week goes to...

ORANGE-95%
CONGRATULATIONS!

CARS AND KIDS DON'T MIX

Please park away from our school



PARK RESPONSIBLY!

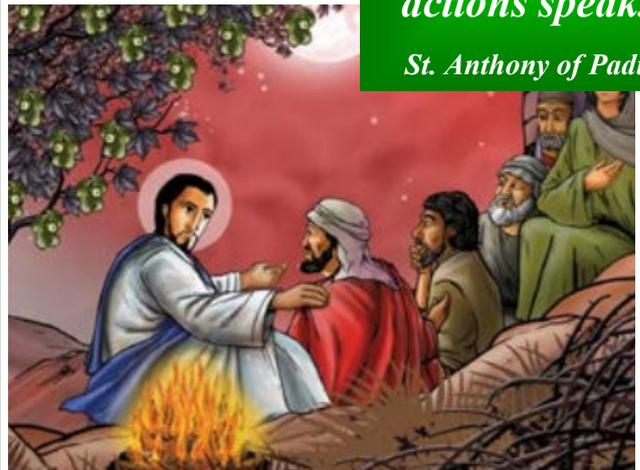
THE **WORD** Wednesday
Good News for Families



ACTION

“Actions speak louder than words; let your words teach and your actions speak.”

St. Anthony of Padua



WORLD BOOK DAY



SAVE THE DATE

**THURSDAY
3 MARCH**

WORLD BOOK DAY®
2022

25 YEARS

Let's dress up and celebrate **WBD 2022!**

What book character will you be?

WONDERDOME!



On Thursday, Steve from Wonderdome visited us with an inflatable planetarium! It was an occasion for the children to experience an out of the world setting as they have been learning about space in Science and about the Mars Rover, Curiosity, in English.

Upon entering the chapel, they found a silver dome, spacious enough to hold a class of eager young astronomers. The children lay on their backs and watched the formation of stars. They saw views of distant galaxies through the Hubble telescope and the landing of Curiosity on Mars.



The children commented that they didn't know there were so many galaxies! Steve was able to answer lots of questions asked by the children from EYFS – Year 5!



SPACE EXPLORERS!

Shrove Tuesday



Why do we eat pancakes on Shrove Tuesday?

The day preceding Ash Wednesday is popularly known as Shrove Tuesday. It is also frequently called

Pancake Day as well as by its Latin name, Mardi Gras, which when translated from the French also means "Fat Tuesday."

But it is the name "Shrove" that shows its religious origins. Shrove is the past tense of the English verb "Shrive" which means to obtain absolution for one's sins by way of confession and by doing penance.

With Shrove Tuesday taking place before the start of Lent on Ash Wednesday, it was the day when Christians were encouraged to go to confession in preparation for the penitential season that would end 40 days and 40 nights later with Easter Sunday.

Dating back to 1000 AD, over the years Shrove Tuesday not only became a day for Confession but a time for Catholics to feast on eggs, sugar and dairy which are traditionally restricted during the Lenten fast!

Tuesday 1st March

Pancake Recipe

Pancakes

Ingredients

- 100g plain flour
- 1 medium egg
- 285ml milk
- 12g butter
- Pinch of salt
- Oil for frying



Method

1. Sieve flour and salt into a bowl. Make a well in the centre, drop in the unbeaten egg and half the milk.
2. With a wooden spoon or balloon whisk beat until the batter is smooth and air bubbles collect on the surface.
3. Stir in the remaining milk and melted butter.
4. Lightly coat the base of a frying pan with enough oil to make it look shiny all over and allow the pan to get really hot.
5. Pour enough batter into pan to cover the bottom thinly and tilt quickly until the pan is evenly covered. Cook until the underside is golden.
6. To toss the pancake, shake to pan, jerk it forward until the pancake reaches the downward tilting edge of the pan, then flip it over with a quick movement of the wrist so that the uncooked side is underneath, Cook until golden. Serve with toppings of your choice.

WORLD BOOK DAY
3 MARCH 2022
25 YEARS

Our 2022 £1 books line-up

Books featured include: Rocket Rules!, Dinosaur Roar and Friends!, The World Book Day Badge, Matt Lucas's Silly Book True or False?, Jenima the Pig and the 127 Acorns, The Worst Class in the World in Danger, Welcome to Greenwood, The Wizard and Me, Peak Peril, I Think I'm a Boss, The Last Word, Boy, Missing, and The Vikings (Ireland only).

WORLD BOOK DAY 2022 - THURSDAY 3RD MARCH

What book character will you be?

How to Set up PARENTAL CONTROLS for APPS Android Phone

On Android phones, restricting access to particular apps usually requires going onto Google Play. From there, it's fairly easy to navigate your way through the settings to manage the parental controls and authentications relating to any apps on the device. These features can prevent your child from downloading or buying anything unsuitable for their age. Updated versions of apps or games that your child has already installed may occasionally contain something inappropriate, so we've explained how to stop those, too.



How to Block App Downloads (This Also Disables In-app Purchases):

- 1 Open Google Play Store
- 2 Tap the profile icon in the top right
- 3 Tap Settings
- 4 Scroll down to the Family section and tap Parental controls
- 5 Toggle 'Parental controls are off' to 'Parental controls are on'
- 6 Create a PIN and tap OK
- 7 Confirm your PIN and tap OK again
- 8 Tap Apps & Games
- 9 Set the age limit you wish to set (18+)
- 10 Tap Save to apply your changes

How to Stop Auto-updates

- 1 Open Google Play Store
- 2 Tap the profile icon in the top right
- 3 Tap Settings
- 4 Tap Auto-Update Apps
- 5 Select 'Don't auto-update apps' and then tap Done

Restricting Apps Through Google Family Link

- 1 Open Google Play Family Link for parents
- 2 Tap the three horizontal lines in the top left
- 3 Select your child's account
- 4 Tap Manage
- 5 Tap Controls on Google Play
- 6 Tap Apps & Games
- 7 Select the age limit you wish to set (18+)



Headteacher's Award

WINNERS

congratulations!



<i>CLASS</i>	<i>NAME</i>	<i>REASON</i>
<i>Red Class EYFS</i>	Abigail	<i>For being very helpful!</i>
<i>Orange Class Year 1</i>	Rahmel	<i>Being a kind and helpful boy!</i>
<i>Yellow Class Year 2</i>	Eric	<i>Working hard in his phonics lessons!</i>
<i>Green Class Year 3</i>	Tracy	<i>Fantastic writing!</i>
<i>Blue Class Year 4</i>	Jeffery	<i>Great descriptive writing!</i>
<i>Indigo Class Year 5 & 6</i>	Gemma	<i>For sharing her Brownie 'World Thinking Day' at assembly!</i>
<i>Pink Class Year 5 & 6</i>	Elsie	<i>Fantastic writing!</i>
<i>Lime Class Year 5 & 6</i>	Sameria	<i>For working hard and trying her best!</i>

Be the BEST that YOU can be!



Next week's...



...highlights!

What will you be doing next week?

<i>Nursery Class EYFS</i>	Growing cress to create and make our own cress heads!
<i>Red Class EYFS</i>	Making a plan of how to get Polar Bear back from the Evil Pea! Watch out for our 'Missing Bear' and 'Wanted' posters!
<i>Orange Class Year 1</i>	What does the Brazilian flag look like?
<i>Yellow Class Year 2</i>	Collecting sticks in our school garden to make Dioramas of Stanley Stick.
<i>Green Class Year 3</i>	Creating a 'Cloud Tea Monkey' display in class!
<i>Blue Class Year 4</i>	Exploring the habitats in the Cabrini forest.
<i>Indigo Class Year 5 & 6</i>	Year 5 - Science investigation - Testing air resistance!
<i>Pink Class Year 5 & 6</i>	Year 6 – Role play - Should Rob have told Sistine about having the keys?
<i>Lime Class Year 5 & 6</i>	

Love-Prayer-Trust-Respect-Excellence