

MONDAY

HOT SPECIALS...

Beef Meatballs in Tomato Sauce with Pasta 🍷

Veggie Sausage and Mash with Gravy ✓

Veggie sausage and mash with rich gravy

TUESDAY

Allegra's Garlicky Chicken and Spanish Spuds 🍷

Garlic seasoned chicken served with spanish style potatoes

Allegra's Cheesy Peasy Risotto Bake ✓

A delicious baked cheesy, pea rissoto

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy

Succulent roast chicken with fluffy roasties and tasty gravy

Pastry Slice with Roast Potatoes and Gravy ✓

A chunky butternut squash and potato pastry slice

THURSDAY

Beef Burrito

A soft wrap filled with lightly spiced beef and rice 🍷

Veggie Lasagne served with a Bread Wedge ✓

Delicious sheets of pasta layered with veggies and tomato sauce

FRIDAY

Golden Fish Fingers and Chips

Crispy fish fingers with scrummy chips

Meat-free Dippers and Chips ✓

Crispy Quorn dippers with their fave sauce - ketchup

DAILY FAVES...

Jacket Potato ✓ with a choice of fillings

Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato ✓ with a choice of fillings

Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato ✓ with a choice of fillings

Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato ✓ with a choice of fillings

Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato ✓ with a choice of fillings

Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta

WEEK 3

SIDES...

Peas and Carrots

Sweetcorn and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

PICK A PUD!

Fresh Fruit Slices

Pineapple & Peach Crumble with Custard

Strawberry Ice Cream

Cheese & Biscuit

Creamy Peach Rice Pudding

Chartwells



YOUR FAVOURITES available every day

OUR NEW MENU! chosen by our parents and children



THREE WEEK MENU

AUTUMN/WINTER 2021

Chartwells

MONDAY

HOT SPECIALS...

BBQ Chicken and Rice
Chicken in a Caribbean sauce served with Rice

Cheese and Tomato Pizza with Dough Balls
Cheesy tomato topped pizza slice

DAILY FAVES...

Jacket Potato with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

WEEK 1

SIDES...

Green Beans and Sweetcorn

PICK A PUD!

Fresh Fruit Slices

MONDAY

TUESDAY

Allegra's Chicken Filo Pie with Mashed Potato
A delicious light filo pastry topped chicken pie

Macaroni Cheese
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Jacket Potato with a choice of fillings including salmon mayo

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Broccoli

Pineapple Upside Down Cake with Custard

TUESDAY

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy
A chunky sweet potato and chickpea roast

Jacket Potato with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Carrots and Cabbage

Blueberry Frozen Yoghurt with Fresh Fruit

WEDNESDAY

THURSDAY

Pasta Bolognese
A classic Italian beef bolognese in a yummy tomato sauce

Butternut Squash and Tomato Bake with Rice
A delicious butternut squash and tomato bake served with rice

Jacket Potato with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Broccoli and Sweetcorn

Cheese & Biscuits Cheddar Portions

THURSDAY

FRIDAY

Golden Fish Fingers and Chips
Crispy fish fingers with scrummy chips

Meat-free Nuggets and Chips
Crispy Quorn nuggets with their fave sauce - ketchup

Jacket Potato with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Baked Beans and Peas

Berry and Oaty Crumble with Custard

FRIDAY

HOT SPECIALS...

Pasta Bolognese
Yummy classic Italian Beef Bolognese in tomato sauce

Cheese and Tomato Pizza with Dough Balls
Cheesy tomato topped pizza slice

DAILY FAVES...

Jacket Potato with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

WEEK 2

SIDES...

Carrot Sticks and Cucumber Sticks

PICK A PUD!

Fresh Fruit Slices

MONDAY

Allegra's Cock A Noodle
Super yummy noodles with chicken and veggies

Allegra's Oodles of Noodles
Delicious noodles with tofu and veggies

Jacket Potato with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Broccoli and Peas

Peach Shortbread Pudding & Custard

TUESDAY

Prime Roast Beef with Roast Potatoes & Gravy
Prime roast beef with fluffy roasties and tasty gravy

Creamy Vegetable Pie with Roast Potatoes and Gravy
Creamy vegetable pie with a cheesy shortcrust topper

Jacket Potato with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Cabbage and Carrots

Strawberry Frozen Yoghurt

WEDNESDAY

Cottage Pie
Home cooked minced beef with a crispy potato topping

Mild Chickpea and Potato Curry
A tasty mild chickpea and potato curry

Jacket Potato with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Green Beans and Sweetcorn

Chees & Biscuits Soft Cheese Portion

THURSDAY

Golden Fish Fingers and Chips
Crispy fish fingers with scrummy chips

Meat-free Dippers and Chips
Crispy Quorn dippers with their fave sauce - ketchup

Jacket Potato with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Baked Beans

Lemon Slice

FRIDAY

- Vegetarian
- Oily fish
- Wholegrain
- Fruity!
- Nutritionist's Choice

Water, salad, freshly baked bread, yoghurt & fresh fruit

Available every day!

